

FREESTYLE DAILY



TODAY'S FORECAST Chance of Rain, 79°F/26°C

SUNRISE 6:20a

SUNSET 5:56p

ARRIVAL 8:00a

ALL ABOARD 4:30p

MAKE GREAT MEMORIES IN HARVEST CAYE

Enjoy the beautiful white sands of the Caribbean's premier resort-style destination, Harvest Caye. You have the privilege to take a dip in the expansive pool with a cascading waterfall. Make sure to have a tropical cocktail at the Land Shark swim-up bar. Experience the thrill of zip lining across the island and kayak or paddleboard across the sparkling saltwater lagoon. Please be sure to bring your beach towel from the ship, as Harvest Caye does not provide towel service. While in port, your key card must be used to charge Shore Excursions and Cabana rentals. Cash or credit card is required for all Food, Beverage and Retail Outlets.

TIME CHANGE: Don't forget to turn your clocks ONE HOUR FORWARD before going to bed tonight (**Thursday Night**).

NORWEGIAN BREAKAWAY

DAY 5

THURSDAY
FEBRUARY 15, 2024
Harvest Caye, Belize

TAKE HOME A STORY

TOP 3 SHORE EXCURSIONS

- Flighthouse Zipline
- Wave Runner Tour
- Rainforest River Tubing

HOW TO BOOK A SHORE EXCURSION

Don't have a tour on shore? It's not too late to book. Here's how:

- Visit the Shore Excursions Desk on Deck 6, Atrium
- 24 hours drop box available at the desk
- Use the digital touchscreens
- iTV System on you Stateroom TV
- Cruise Norwegian Application on your Smart Phone

PORT AGENT INFORMATION

Alva Castro

Tel.: (501) 227-5444 / 227-5453 / 227-3015 / 227-7396

Mobile: (501) 614-5295

E-mail: stanlong@btl.net / alvacastro@csabelize.com

IMPORTANT INFORMATION WHEN GOING ASHORE

Kindly refrain from proceeding to the gangways until clearance from the local officials has been announced over the PA system. Please carry valid photo ID and your Freestyle Key Card when going ashore. If you are on a Norwegian organized Shore Excursion, please check your ticket for the meeting time and location. All guests are reminded to maintain a high level of vigilance and take appropriate steps to increase their security and safety awareness when departing the vessel. Local Agricultural Law prohibits taking the following items ashore: plants, fruits, vegetables, meat & illegal substances which can result in an immediate fine. Guests are prohibited from bringing any beverages back on board including liquor, beer and non-alcoholic drinks such as water, soda and juices.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

STARBUCKS®

Be Blissful and invite conversation. Sit, chat and warm up. Gather around old friends and exchange stories. The place to be is Starbucks.
Deck 6, Mid

TODAY'S HIGHLIGHT

MOVIE: A BEAUTIFUL DAY IN THE NEIGHBORHOOD (PG)

Time: 12:00p

Place: Atrium, Deck 6, Mid

ARTS & CRAFTS – DIAMOND ART: WATERFALL

Time: 12:45p

Place: Bliss Ultra Lounge, Deck 7, Aft

CRUISENEXT TRIVIA

Time: 5:15p

Place: Atrium, Deck 6, Mid

IMPORTANT INFORMATION

EMERGENCY DRILL FOR THE CREW

Today, at approximately 10:00a, the Norwegian Breakaway Crew will perform an Emergency Drill ship wide. This training is performed on a weekly basis as required by SOLAS (Safety of Live at Sea). During this Drill you will hear real emergency alarms and announcements. The purpose of the Emergency Drill is to maintain our Crew well trained and prepared for the unlikely event of a real Emergency. Guests' participation is not required.

LAST CALL FOR DEPARTURE TRANSFERS

With so much fun onboard during this cruise you probably haven't had a chance to think of your departure arrangements. Let us worry about that. Come by the Guest Services Desk or the Shore Excursions Desk located at Deck 6 Mid and ask about all our transfers to the airport and Shore Excursion options for New Orleans. We are sad to see you leave, but we want to make sure you are in good hands until the last minute of your vacation. Deadline for transfer sales is tomorrow 8:00pm, Friday evening.

"WASHY WASHY HAPPY HAPPY"

Please wash your hands often and sanitize your hands before any meals. In addition, sanitizing dispensers are located outside all restaurants and public areas. If you have a gastrointestinal issue, please report this immediately by dialing 00 and remain in your stateroom.

GET THE GOOD TIMES GOING.



TONIGHT'S ENTERTAINMENT LINEUP

LEVITY COMEDY SHOW

Get ready to laugh at the hilarious stand-up comedy of the Levity Entertainment Group. Tonight's featured acts include brand new performances by Nick Hoff at 7:30p & Leo Flowers at 9:30p. We recommend this venue for individuals 18 & over for the 9:30p show. Doors open 30 minutes prior show time. Reservations are not required, seating is limited and on a first come, first served basis. (Approx. 45 min)

Time: 7:30p & 9:30p (18+), Breakaway Theater, Deck 7, Fwd

SYD NORMAN'S PRESENTS: RUMOURS

Heartbreak? Affairs? Divorces? All fodder for one of rock's most iconic and successful albums: Fleetwood Mac's 1977 masterpiece Rumours. If "thunder only happens when it's raining," this band got caught in a downpour. Join the cast of Syd Norman's as they present the classic album in its entirety and discover the backstory to rock & roll's greatest soap opera. Doors open 30 minutes prior to show time. Reservations are not required, seating is limited and on a first come, first served basis.

Time: 8:00p & 10:00p, Syd Norman's, Deck 8, Fwd

THE BROADWAY SERIES: '80S EDITION

Experience the dazzling talents of our Breakaway Production Vocalists as they present the finest Broadway tunes of the '80s. If you are a fan of the vibrant world of musicals, this is the cabaret for you. Enjoy an evening of the most beloved show tunes from well-known classics to hidden gems, spanning from soulful ballads to sensational Broadway blockbusters all from the 1980s.

Doors open 30 minutes prior show time. Reservations are not required, seating is limited and on a first come, first served basis.

Time: 10:30p, Spiegel Tent, Deck 6, Fwd

OCEAN MUSIC FEST

It's the ultimate jam session where four bands merge their talents on one stage for this world class concert experience. This must see event, filled with all of your party favorites, happens tonight only. Don't miss Ocean Music Fest.

Time: 10:30p, Atrium, Deck 6, Mid

Experience and enjoy our World Class Entertainment in the Breakaway Theater. Please note it is important to be on time for all shows as seats are on a first come, first serve basis. Please arrive with your entire party for all shows. Doors open 30 minutes prior. For the safety and comfort of all guests, children under the age of 13 may not be seated in the first 3 rows of the Breakaway Theater. Please be advised that if you are sensitive to loud noises, we suggest avoiding the first four rows.



YOUTH AND FAMILY ACTIVITIES

SPLASH FEEL FREE PLAY

Socialize, card games & chill? Your choice. Come join us today as we offer an open house in Splash. Parents, please note that this is not a drop off activity and youth staff do not monitor the coming or going of kids.

Time: 3:30p-5:00p, Splash Academy, Deck 13, Fwd

FAMILY FUN QUEST

Which family will be the ultimate champions in this fun filled challenge? Answer the questions, complete the challenges and get some prizes.

Time: 4:30p, Atrium Deck 6, Mid

ENTOURAGE: MOVIE NIGHT (13-17)

Get your PJ's on, sit back, and enjoy the movie.

Time: 10:30p, Entourage, Deck 16, Aft

SPECIAL EVENTS

CANVAS BY U! PAINTING CLASS: TULIPS

Canvas By U! Painting Class is a step-by-step, fun, interactive paint class. All supplies are included. No experience needed. Let us inspire your inner artist. Please sign-up at the Box Office, Deck 7, Fwd, during opening hours. Cover charge applies. Limited to 12 guests only per class.

Time: 4:00p, Bliss Lounge, Deck 7, Aft

BURN THE FLOOR "WANNA DANCE"

Tonight we transform the Manhattan Room into the Latin Quarter where the Burn The Floor dancers heat up the dance floor with the Cha Cha, Rumba, passionate Tango and the fiery Paso Doble. For the safety of the performers, flash photography is strictly prohibited. (30min show)

Time: 5:45p, Manhattan Room, Deck 7, Aft

55 TO STAY ALIVE

Come and join your Cruise Director's Staff for this fun and fast-paced gameshow and picture unusual skills you have to complete in 55 seconds.

Time: 6:00p, Atrium, Deck 6, Mid

DENVER, SIMON & GARFUNKEL WITH ALLEN

From Country Roads to Bridge Over Troubled Water, sing along with Allen or just sit back and relax with your favorite cocktail and enjoy the Country Western and Folk songs of John Denver, Paul Simon and Art Garfunkel.

Time: 8:00p-8:45p, Shakers, Deck 8, Mid

\$3,000 JACKPOT BUY ONE GET ONE BINGO

Tonight, you'll get extra chances to win big at the B.O.G.O. Bingo (buy one, get one free). Come join us for the fun.

Cards available 30 minutes before the game starts.

Cards Available: 8:00p-8:30p

Time: 8:30p, Spiegel Tent, Deck 6 Fwd

HOWL AT THE MOON DUELING PIANOS

Let out your inner rock star. From 70's rock to hip-hop, you say it - we play it. After 11:00p, we recommend this performance for individuals 18 and over.

Time: 8:30p-12:30a, Headliners, Deck 6, Mid

MUSIC EVERYWHERE

Piano & Guitar Live with Allen

7:00p-7:45p, Shakers Bar, Deck 8, Mid

Classic Tunes with 876 Konnect Band

8:00p-8:45p, Atrium, Deck 6, Mid

Oldies School Music with Manhattan Band

8:00p-9:00p, Manhattan Room, Deck 7, Aft

WHAT'S HAPPENING TODAY.

DAY 5
THURSDAY
FEBRUARY 15

◀ TEAR HERE

◀ FOLD HERE

MORNING

All Day Breakaway Today with Roberto & Merlina
7:00a Morning Stretch & Abs
8:00a-10:00p Giant Chess Open Play ** (Stbd Side)
8:00a-10:00p Shuffleboard Play **
8:00a-10:00p Sports Court is Open **
8:00a-10:00p Ping Pong Play is Open **
8:00a-10:00p Photo Spot Magic Port of Call Photos
9:00a Spot the Difference
9:00a Ping Pong Tournament **
9:00a-4:00p Massage Taster with Hypervolt Gun
9:00a-5:00p Guppies Open Play (0-2)
9:30a Good Morning General Trivia
10:00a approx. Crew Emergency Drill Announcements
10:00a-3:00p Family Water Slides **
10:15a Origami: Butterfly
11:00a-11:45a Nintendo Switch Open Play

AFTERNOON

12:00p Movie: A Beautiful Day in the Neighborhood
12:45p Arts & Crafts – Diamond Art: Waterfall
1:30p Poolside Game: Bean Bag Toss **
2:00p Relieving Back Pain
2:00p-3:00p Pre-Recorded R&B Music **
2:00p-6:00p Ropes Course **
2:15p Memory Game
3:00p Visual Trivia: International Logos
3:00p-3:45p Beach Music with Rob **
3:00a-6:00p Free Fall Water Slides **
3:00p-6:00p No More Puffy Eyes
3:30p-5:00p Family Feel Free Play
3:45p Catch A Phrase
4:00p Canvas by U! Painting Class: Tulips *
4:00p Free Throw Tournament (18+) **
4:00p Love Your Lips with Restylane
4:00p-4:45p Sunset Tunes with Rob **
4:00p-7:00p Entourage is Open (13-17)
4:30p Family Fun Quest
5:00p-6:00p Friends of Bill W. Meeting
5:00p-6:00p Peter Max Enrichment Talk
5:00p-7:00p Walk-in Clinic with Acupuncture
5:00p-9:00p Guess the Weight of Kiko The Dragon
5:15p CruiseNext Trivia
5:30p Solo Traveler's Meet with Igor
5:30p Embroidered T-shirts 3 for \$35
5:30p \$100,000 Winner Take All Slot Qualifier *
5:45p Burn the Floor: Wanna Dance (30min)

Channel 18
Pulse Fitness
Deck 8, Fwd
Promenade
Deck 18, Aft
Deck 15, Fwd
Gangway
Atrium
Deck 15, Fwd
Mandara Spa
Deck 16, Fwd
Atrium
Ship Wide
Deck 16, Mid
Atrium
Atrium

Atrium
Bliss Lounge
Poolside
Pulse Fitness
Poolside
Deck 17, Aft
Atrium
Atrium
Poolside
Deck 16, Mid
Mandara Spa
Deck 13 Fwd
Atrium
Bliss Lounge
Sports Court
Mandara Spa
Poolside
Deck 16, Aft
Atrium
Atlantic Room
Headliners
Mandara Spa
Art Gallery
Atrium
Bliss Lounge
Tradewinds
Casino
Manhattan

NIGHT

6:00p 55 to Stay Alive Game Show
6:00p Up to \$500 Blackjack Tournament Qualifier *
6:00p LGBTQIA+ Get Together
6:00p Charm of the Day: Gift Box & Paw Print
6:00p Evening Stretch Class
6:00p-7:00p Free Foot Print Analysis
6:00p-9:00p Artist of America Exhibition & Sale
6:00p-10:30p Portrait Photography Tonight Free to Try
6:30p-7:30p Your Favorite Tunes with Manhattan Band
6:30p-9:00p Peter Max Exhibition & Sale
7:00p-7:45p Start Your Evening with 876 Konnect Band
7:00p-7:45p Piano & Guitar Live with Allen
7:00p-10:00p Guppies Open Play (0-2)
7:00p-11:00p Splash Academy Open (3-12)
7:30p Levity Comedy Show – Nick Hoff
8:00p Syd Norman's Presents: Rumours
8:00p-8:30p Bingo Card Sales
8:00p-8:45p Denver, Simon & Garfunkel with Allen
8:00p-8:45p Classic Tunes with 876 Konnect Band
8:00p-9:00p Oldies School Music with Manhattan Band
8:30p \$3,000 Jackpot B.O.G.O. Bingo *
8:30p Breitling Event
8:30p-12:30a Howl at the Moon Dueling Pianos
9:00p Freestyle & Fabulous: Ladies Night
9:00p-10:00p Hot Seat Promotion
9:00p-1:00a Entourage is Open (13-17)
9:30p Levity Comedy Show – Leo Flowers (18+)
9:30p Video Concert: Rock Gods **
9:30p 18-21 Years Old Get Together
10:00p Syd Norman's Presents: Rumours
10:00p-10:45p Popular Music with Lucio
10:30p The Broadway Series: '80s Edition
10:30p Ocean Music Fest
10:30p Latin Dancing with DJ Drake
10:30p Entourage: Movie Night (13-17)
11:00p-1:00a Late Night Fun Zone (3-12) *
11:30p Pick 3 Lotto Draw *
12:00a Over \$1 Million Jackpot Lotto Draw *
12:00a-Close Club Party Mix with DJ Drake (18+)

Atrium
Casino
Shakers
Tradewinds
Pulse Fitness
Pulse Fitness
Art Gallery
Atrium
Manhattan
Art Gallery
Atrium
Shakers
Deck 16, Fwd
Deck 12, Fwd
Theater
Syd Norman's
Spiegel Tent
Shakers
Atrium
Manhattan
Spiegel Tent
Tradewinds
Headliners
Tradewinds
Casino
Deck 16, Aft
Theater
Spice H₂O
Bliss Lounge
Syd Norman's
Shakers
Spiegel Tent
Atrium
Bliss Lounge
Deck 16, Aft
Deck 12, Fwd
Casino
Casino
Bliss Lounge

* Denotes a fee for these activities.

** Weather permitting.

DRINK OF THE DAY

CAFÉ REPLAY - \$ 9.00 - Another day \$12.00

Avorza vodka, Angostura bitters, Frangelico, spent coffee ground cordial and pineapple juice.

SAIL & SUSTAIN COCKTAIL

Discover your new favorite cocktail that is both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails.

^ All photography and recording of this show is strictly prohibited.
- Latecomers unfortunately will not be allowed into the performance.

◀ TEAR HERE

◀ FOLD HERE



TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Garden Café Buffet	(Deck 15, Aft)	6:00a-11:30a
O'Sheehan's Breakfast	(Deck 7, Mid)	5:30a-11:30a
Taste	(Deck 6, Aft)	7:00a-8:30a
Savor	(Deck 6, Aft)	7:00a-8:30a

AFTERNOON

COMPLIMENTARY

American Diner	(Deck 16, Aft)	12:00p-4:00p
Garden Café Buffet	(Deck 15, Aft)	11:30a-3:00p
Garden Café Buffet Snacks	(Deck 15, Aft)	3:00p-5:00p
O'Sheehan's Bar & Grill	(Deck 7, Mid)	11:30a-5:00p

CHARGE APPLIES

Dolce Gelato * (A la Carte)	(Deck 8, Aft)	4:00p-8:00p
Ice Cream Bar * (A la Carte)	O'Sheehan's (Deck 7, Mid)	11:30a-12:00a
The Bake Shop * (A la Carte)	(Deck 8, Aft)	4:00p-8:00p

DINNER

COMPLIMENTARY

Garden Café Buffet	(Deck 15, Aft)	5:00p-9:30p
Manhattan Room	(Deck 7, Aft)	5:00p-9:00p
O'Sheehan's Bar & Grill	(Deck 7, Mid)	5:00p-4:30a
Taste	(Deck 6, Aft)	5:00p-9:30p
Savor	(Deck 6, Aft)	5:30p-10:00p
Shanghai's	Noodle Bar (Deck 7, Aft)	5:00p-9:30p

CHARGE APPLIES

Cagney's * (A la Carte)	Steakhouse (Deck 8, Aft)	5:30p-10:00p
La Cucina * (A la Carte)	Italian (Deck 8, Fwd)	5:30p-10:00p
Le Bistro * (A la Carte)	French (Deck 6, Mid)	5:30p-10:00p
Moderno * (\$59.00)	Churrascaria (Deck 8, Aft)	5:30p-10:00p
Ocean Blue * (A la Carte)	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Raw Bar * (A la Carte)	Fresh Seafood (Deck 8, Mid)	5:30p-10:00p
Teppanyaki * (\$59.00)	Japanese (Deck 6, Mid)	5:00p-10:00p
Wasabi Sushi * (A la Carte)	Japanese (Deck 8, Mid)	5:30p-10:00p

* Please note that cover charges are per person and a 20% gratuity will be added to your check.

24/7

O'Sheehan's Bar & Grill	Pub Food (Deck 7, Mid)	Always Open
Room Service Delivery ***	065	Always Open

*** Room Service Fee of \$4.95 + 20% gratuity/service charge, per order for Continental and all Breakfast items.

*** Room Service Fee of \$9.95 + 20% gratuity/service charge for All Day Menu per order will be added to your check.

Dress Code: in order to provide Dress Code Guidelines that allow guests to be comfortable while still maintaining decorum in our dining venues.

Resort casual and shorts are allowed in all dining venues except, **Ocean Blue and Le Bistro** after 5:00p. Shoes and shirts must be worn.

Tank tops for Men, Flip Flops, Baseball Caps, Visors, Jeans that are overly faded, with holes or tears or worn below the hips as well as graphic T-shirts with offensive language/images is **Not Permitted** in any of our Main Dining Rooms, or Specialty Restaurants.

In-cabin phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min.

HOURS OF OPERATION

BAR SERVICES

American Diner, Deck 16, Aft	12:00p-4:00p
Atrium Bar, Deck 6, Mid	7:00a-12:00a
Bar 21, Deck 7, Mid	5:00p-Close
Bliss Ultra Lounge, Deck 7, Aft	9:30p-Close
Garden Café, Deck 15, Aft	11:00a-9:30p
Headliners, Deck 6, Mid	8:00p-1:00a
ICE Bar, Deck 8, Mid (\$15)	5:30p-11:30p
Maltings Bar, Deck 8, Mid	3:00p-12:30a
Market Place Bar/Juice Bar, Deck 15, Mid	6:30a-11:30p
Mixx Bar, Deck 6, Mid	5:00p-11:00p
Ocean Blue Bar, Deck 8, Mid	5:30p-10:00p
O'Sheehan's Bar & Grill, Deck 7, Mid	8:00a-Close
Prime Meridian Bar, Deck 8, Aft	5:00p-10:30p
Sail and Sustain Bar at Shakers (Outdoor), Deck 8, Mid **	1:00p-11:00p
Shakers Bar (Indoor), Deck 8, Mid	4:00p-12:30a
Spice H2O Bar, Deck 16, Aft (18+) **	12:00p-Close
Starbucks, Deck 6, Mid	6:00a-10:00p
Syd Norman's Pour House (Indoor), Deck 8, Fwd	8:30p-1:00a
Syd Norman's Pour House (Outdoor), Deck 8, Fwd	12:00p-12:00a
The Studio Lounge Bar, Deck 10, Fwd	5:00p-7:00p
Vibes Bar (Private and Public), Deck 17, Fwd	9:00a-7:00p
Waves Pool Bar, Deck 15, Mid **	8:00a-8:00p
Waves Pool Bar, Stbd, Deck 15, Mid **	1:00p-6:00p

GUEST SERVICE

Adult Pool, Deck 15, Mid **	8:00a-10:00p
Art Gallery, Deck 6, Mid	5:00p-9:00p
ATM, Breakaway Casino, Deck 7, Mid	After 5:00p
Barber Shop, Deck 15, Fwd (030)	8:00a-10:00p
Box Office, Deck 7, Fwd (073)	8:00a-9:00a
Breakaway Casino, Deck 7, Mid	Approx. 5:30p
CruiseNext Desk, Deck 6, Mid	9:00a-10:00a
	3:30p-9:00p
Entourage Teen Lounge, Deck 16, Aft	4:00p-7:00p
	9:00p-1:00a
Guest Services Desk, Deck 6, Mid	Always Open
Guppies (0-2 years), Deck 16, Fwd	9:00a-5:00p
	7:00p-10:00p
Hot Tubs, Deck 15, Mid **	7:00a-11:00p
Hot Tubs, Spice H2O, Deck 16, Aft **	7:00a-10:00p
iConnect Internet Manager's Hours, Deck 6, Mid	8:00a-10:00a
	4:00p-6:00p
	7:00p-9:00p
Jogging Track, Deck 16, Mid **	6:00a-9:00a
	7:00p-10:00p
Library, Deck 6, Fwd	9:00a-10:00a
	4:00p-5:00p
Mandara Spa & Salon, Deck 15, Fwd (030)	8:00a-10:00p
Medical Center, Deck 5, Mid	8:00a-9:30a
(Medical Services are subject to charge)	6:00p-7:30p
Onboard Credit Desk, Deck 6, Mid	8:00a-11:00a
	4:00p-7:00p
	Call 23873
Perspectives Studio, Deck 6, Mid	5:00p-11:00p
Photo Gallery, Deck 8, Aft	6:30p-8:00p
Port and Shopping Desk, Deck 6, Mid	6:00a-11:00p
Pulse Fitness Center, Deck 15, Fwd	8:00a-5:00p
Restaurant Reservations Desk, Deck 6, Mid or Dial 050	5:00p-8:00p
Shore Excursions Desk, Deck 6, Mid	7:00p-11:00p
Splash Academy, Deck 12, Fwd	11:00p-1:00a
Splash Academy Late Night Fun Zone (3-12 Years) *	8:00a-10:00p
Sports Court, Deck 18, Aft **	5:30p-11:00p
Tradewinds, Deck 8, Aft	Always Open
Video Arcade, Deck 16, Aft *	

* Denotes a fee for this program.

** Weather permitting.

YOUR STORY IN ONE BEAUTIFUL BOOK

Customize your own Photo Book with priceless memories.

Includes prints & digital files of selected images.

Easily create yours anytime on any kiosk in the Photo Gallery, Deck 8, Aft

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **BALCONIES SAFETY PARTITIONS:** As per Safety requirement, requests for partitions of adjacent balconies to be opened are not allowed. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **SHARP CONTAINERS:** Ask the Guest Services Desk or Medical Center for special containers for needles and other sharp objects. **MARPOL:** The Discharge of all Garbage into the Sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship Guest Services desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions, please contact our Restaurant Management Staff. **ADULT VENUES:** Spice H2O is an adult only venue until 7:00p. Bliss Lounge becomes an adult only venue after 11:00p (unless otherwise stated). A curfew is in effect and guests under the age of 18 are not permitted in public areas after 1:00a, unless accompanied by their parents/guardians or in an organized youth activity. **SMOKING POLICY:** Smoking cigarette and E-cigarette onboard are only permitted in designated areas (Waves, Deck 15, Fwd (portside) and Spice Bar, Deck 16, Aft (starboard side), or in the Casino while playing. Pipes, Cigar smoking and tobacco chewing is strictly not permitted in the casino area. Smoking of any kind is prohibited in staterooms and balconies. A cleaning fee of \$250 is going to be applied to the account of guests who violate this policy. Cigar smoking is only allowed in the Humidor on Deck 8, Mid. All other areas are non-smoking. The use of Hookah pipe is not permitted onboard. **SHOW POLICY:** All ticketed shows have seating on a first come, first served basis and all reservations will be released ten minutes prior to the start of the performance. **CASINO:** You have to be 18 years old to gamble or be in the casino. Sorry, but no winnings can be paid to any person or bets in violation. Photography is allowed but video recording is strictly prohibited. Slot winnings of \$1200 and above could be subject to W-2-G tax withholding. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chairs is left unattended for longer than 15 minutes, the items will be removed and handed at Towel Station on the Pool Deck, Deck 15 Mid, Stbd.

GET SAVINGS THAT SIZZLE.

RAINFOREST RIVER TUBING

Board one of our buses at the Malacate Pier, sit back and enjoy the short approximately one-hour ride to a genuine rainforest river tubing adventure. Shore Excursions Desk, Deck 6, Mid

SPACES ARE LIMITED

Choose and book your excursions for upcoming ports today. Use your in-room TV or the Cruise Norwegian App on your phone, and we'll deliver tickets to you. Shore Excursions Desk, Deck 6, Mid

IT'S SO EASY TO BOOK

Explore our full range of excursions on offer from the comfort of your stateroom. Use your in-room TV or the Cruise Norwegian App on your phone and we will deliver the tickets to your stateroom.

EMBROIDERED T-SHIRTS – 3 FOR \$35

The things you can only find when on board. Get 3 exclusive embroidered t-shirts for \$35. The perfect gift for friends and family. Available in a variety of colors and sizes. Visit us at the Gift Shop, on deck 8. Time: 5:30p, Tradewinds, Deck 8, Aft

INCH OF GOLD & SILVER - FROM ONLY \$1 PER INCH

Custom-made jewelry backed by a lifetime guarantee and at incredible duty-free prices, starting at \$1 per inch. Today, only at the Gift Shop, on deck 8. Time: 5:30p, Tradewinds, Deck 8, Aft

FREESTYLE LADIES NIGHT

Wear pink and receive an extra chance to win an Effy Diamond Pendant. Attend Effy's, Ladies' Night and celebrate all that is feminine and fabulous.

Time: 9:00p, Tradewinds, Deck 8, Aft

THE WORLD OF PETER MAX

Join us for a celebration of American Pop Art icon Peter Max. Sit back as our Art Team takes you into the world of this artistic legend—and receive a complimentary work of art.

Time: 5:00p-6:00p, Art Gallery, Deck 6, Mid

THE COLORFUL WORLD OF PETER MAX

Join us for a vivid celebration of American Pop Art icon and creator of the Hull of the NCL breakaway Peter Max, one of the most famous artists in the world. Don't miss this exclusive exhibition and sale of his onboard artwork. Time: 6:00p-9:00p, Art Gallery, Deck 6, Mid

JOIN THE COLLECTOR'S CLUB

Join our Park West family & become a member of our collector's club. Build your collection and use our promotional terms starting from 6, 12, 18, 24 even up to 36 months interest free.

Time: 6:00p-9:00p, Art Gallery, Deck 6, Mid

YOUR STORY IN ONE BEAUTIFUL BOOK

Customize your own Photo Book with priceless memories. Includes prints & digital files of selected images. Easily create yours anytime on any kiosk in the Photo Gallery, Deck 8, Aft.

SMILE

We love it. Bring it with to your Portrait session tonight. 6:00pm - 10:30pm in the Atrium.

FREE PHOTO CRYSTAL KEYCHAIN

Receive a Free 3D Crystal Keychain & rotating base with your 3D Crystal purchase. Visit the Photo Gallery to learn more. Deck 8 Aft.



THERMAL SUITE SPA DAY

Stay onboard and relax in our private chambers in the spa. Front of the ship ocean view with hydrotherapy pool, steam room, sauna, salt room will melt your stress away. Bring your favorite book and stay in for the day. Day pass are available \$79, open from 8:00a-10:00p.
Mandara Spa, Deck 15, Fwd

GOODFEET ARCH SUPPORTS

Did you know that your foot has four aches and any unbalance in these can affect your posture and result in back, hip, knee or joint pain? At the Pulse Fitness center, we offer complimentary foot and posture analysis to help you realign your posture and reduce pain for years to come. See your onboard specialist today at Pulse fitness, Deck 15, Fwd

TOP TO TOE

Enjoy all of the below in this 75 min specials for only \$169

- * Full Body massage
- * Scalp massage
- * Foot & Ankle massage
- * Hand & Arm massage

Add-on hot stone or Bamboo for only \$20 more. Book now by dialing 030 or visit Mandara Spa, Deck 15, Fwd

HOT SEAT PROMOTION

Enjoy more chances to win and bask in exclusive prizes when you play during one of our hot periods.
See your Casino Hosts for more details.
Breakaway Casino, Deck 7, Mid

PARADISE LOTTO PICK 3

Try your luck with our Paradise Lotto Pick 3 for only \$1 each bet. Select your own lucky 3 number combination from 0-9. There are plenty of ways to win with our Betting Options, which are: Straight Bet, 3-way Box Bet or 6-way Box Bet. Quick picks are also available. Multiple drawings during the cruise (11:30p)
Breakaway Casino, Deck 7, Mid

TOURNAMENTS

Join us for the Casinos At Sea Slots and Blackjack tournaments; \$100,000 Winner Take All Slot Qualifier Tournament starts at 5:30p and Blackjack Tournament at 6:00p. Your \$35 entry fee gives you a chance to win up to \$500 this cruise.
Breakaway Casino, Deck 7, Mid

SWIFT DELIVERY ON DEMAND

Introducing SWIFT - Norwegian's brand new on demand delivery service. Available 24/7. Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers.

66 BY NORWEGIAN

Inspired by our birth year and a decade unlike any other, our line of beverages speak to the creativity, innovation and exploration of the 60's that is synonymous with Norwegian. Discover our drink line at any specialty bar.

SAIL & SUSTAIN COCKTAIL

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails.

CONNECT TO THE INTERNET

Scan the QR Code and follow the online instructions to select your plan or visit loginNOW.com.



*Click "Logout" when done to save your minutes
*Use Airplane Mode to avoid Roaming Charges.

INTERNET

Powered by Starlink to bring you the fastest internet at sea. Get the latest news from your favorite apps and websites. Wi-Fi is available throughout the ship, we got it covered. Now available 1 Day internet plans, non-streaming for \$29.99 per day & streaming for \$39.99 per day. Select your best option at loginNOW.com page.

Manager's Hours: 8:00a-10:00a, 4:00p-6:00p, 7:00p-9:00p
Internet Café is available 24 hours, Deck 6, Mid

CRUISENEXT TRIVIA

Get entertained by our awesome CruiseNext team and test your knowledge about Norwegian Cruise Line. Join us for an exciting trivia in Atrium, Deck 6 and see how well you know all about Norwegian Cruise Line ships, facts and incentive programs.
Trivia Time: 5:15pm
Desk Hours: 9:00a-10:00a & 3:30p-9:00p,
CruiseNext Desk, Deck 6, Mid

EXCLUSIVE ONBOARD OFFER

Earn up to \$1000 Onboard Credit (OBC) to spend on board today. Purchase CruiseNext Credits to use as payment for a future cruise and earn free OBC towards your onboard expenses on this cruise. Your CruiseNext Credits are valid on any of our published sailings of three days or longer, transferable to friends or family, and can be combined with select promotional offers.
See our CruiseNext team in the atrium for complete details.

Desk Hours: 9:00a-10:00a & 3:30p-9:00p, CruiseNext Desk, Deck 6, Mid